

Sample Depot Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Snack – water Honey nut cereal Craisins Lunch – milk Ravioli Peas Orange slices Snack – apple juice Animal crackers	Snack – water Graham crackers blueberries Lunch – milk Corn dogs (turkey) Carrots applesauce Snack – apple juice Cheese crackers	Snack – water Oatmeal cookies raisins Lunch – milk Ham& Cheese Sandwiches Fresh Baby Carrots/Ranch Pears Snack – apple juice Vanilla Wafers	Snack – Water Apple breakfast bar Lunch – milk Cheese Burgers French Fries Pineapple chunks Snack – apple Juice Cheese and crackers	Snack- water Graham squares cereal & Banana Lunch – Milk Cheese Pizza Salad w/dressing Peaches Snack-apple Juice Honey Comb Cereal
Snack – water Honey nut cereal Craisins Lunch – milk Chicken enchilada casserole Peas & carrots Orange slices Snack – apple/orange juice Animal crackers	Snack – water Graham crackers blueberries Lunch – milk Steak fingers Potatoes/ gravy Corn Bread Applesauce Snack – apple/orange juice Cheese crackers	Snack – water Oatmeal cookies raisins Lunch – milk Hot Dogs (Turkey) Pickles Fritos Pears Snack – apple/orange juice Vanilla Wafers	Snack – Water Apple breakfast bar Lunch – milk Ham & Cheese Wraps Green beans Mixed fruit Snack – apple Juice Cheese and crackers	Snack – water Vanilla yogurt Apple slices Lunch – milk Pepperoni pizza Spinach Salad with dressing Peaches Snack – apple juice Honey Comb Cereal
Snack – water Honey nut cereal Craisins Lunch – milk Beefaroni Green Beans Orange slices Snack – apple/orange juice Animal crackers	Snack – water Graham crackers blueberries Lunch – milk Corn dogs (turkey) Carrots applesauce Snack – apple/orange juice Cheese crackers	Snack – water Oatmeal cookies Raisins Lunch – milk Chicken Sandwich Tator Tots pickles pears Snack – apple/orange juice Vanilla Wafers	Snack – Water Apple breakfast bar Lunch – milk Fish sticks Macaroni & cheese Green beans Mixed fruit Snack – apple/orange Juice Cheese and crackers	Snack – water Graham squares cereal Banana Lunch – milk Cheese Pizza Tossed green salad Peaches Snack – apple/orange juice Honey Comb Cereal
Snack – water Honey nut cereal Craisins Lunch – milk Beef Stroganoff Broccoli Orange slices Snack – apple/orange juice Animal crackers	Snack – water Graham crackers blueberries Lunch – milk Steak fingers Potatoes/ gravy Corn & Bread Applesauce Snack – apple/orange juice Cheese crackers	Snack – water Oatmeal cookies Raisins Lunch – milk Chicken Quesadilla Tossed Green Salad Pineapple chunks Snack – apple/orange juice Vanilla Wafers	Snack – Water Apple breakfast bar Lunch – milk Chicken nuggets Macaroni & cheese Green beans Mixed fruit Snack – apple/orange Juice Cheese and cracker	Snack – water Pancake Sausage on a Stick Lunch – milk Pepperoni pizza Spinach Salad with dressing Peaches Snack – apple/orange juice Honey Comb Cereal